FLO
U.S. DEPARTMENT OF STATE
Advocacy Programs Services
EMPLOYMENT PROGRAM

Quick Guide to Overseas Employment

The checklist below will guide you in your job search as you transition to your new post overseas.

Update Your Resume

- If affiliated with the Department of State, contact the **Career Development Resource Center (CDRC)** at **CDRC@state.gov.** Make an appointment for one-on-one resume and career couseling. If affiliated with USAID, contact their **Career Development Resource Services (CDRS)** at **CDRS@usaid.gov.**
- If your agency allows, enroll in **Basics for Overseas Employment (MQ 703)** at the Foreign Service Institute (FSI) by visitng http://fsi.state.gov/fsi/tc.
- Contact the Global Employment Advisor (GEA) for your post for resume assistance.

Obtain a Copy of Family Member Employment Report (FAMER)

- The **FAMER** is a post-specific overview of employment both inside and outside the mission.
- Ask your sponsor to download the FAMER from your current or prospective post(s) from the Department of State intranet site or contact **FLOAskEmployment@state.gov** for a copy.

Explore Training and Distance Learning Opportunities

- Professional training and distance learning options include George Mason's Foreign Affairs Spouse Teacher Training Project (**FAST-TRAIN**), enrollment in online courses through the **Foreign Service Institute (FSI),** and programs like the **Professional Development Fellowship.**
- Contact **FLOAskTraining@state.gov** for more information.

Explore the Global Employment Initiative

- **GEI** is designed to help family members with career development options and identification of employment opportunities while overseas.
- Email **FLOAskEmployment@state.gov** to get contact information for the Global Employment Advisor for your country.

Network!

- Contact the **Community Liaison Office (CLO) Coordinator** at post. The CLO is a great source of information on employment, both inside and outside the mission.
- In many countries, the **GEAs** can assist you in your overseas job search and point you in the right direction for added resources and networking contacts. Contact **FLOAskEmployment@state.gov** to see if your post has either an at -post or regional GEA.

www.state.gov/m/dghr/flo/c1959.htm